

The support we offer

We're developing the service to make sure clients are at the centre of the support we offer. This means helping individuals to develop personal action plans which focus on their strengths, skills, values, aspirations and opportunities.

Our employment advisors are specifically trained to recognise and work with individuals with mental health problems and they concentrate on what someone can do rather than on what they can't.

We help individuals through one to ones, group work, phone, online and email. We work closely with Job Centre Plus, Bristol Chamber of Commerce and major local

employers to maximise the opportunities available to our clients.

The service is run by Richmond Fellowship, one of the biggest voluntary sector providers of mental health support in England. Our focus is on providing high quality services to the 9,000 people we help each year. We offer a wide range of housing, care, employment and community support across more than 120 services.

We're working in partnership with Mental Health Matters, Bristol Somali Resource Centre and Windmill Hill City Farm to maximise local opportunities and meet the needs of Bristol's diverse communities.

For more information about the employment service

Call
0117 947 1189 or 0117 923 2741

Email
enquiries.bmhemployment@richmondfellowship.org.uk

Visit
www.richmondfellowship.org.uk
www.bristolmentalhealth.org



Bristol
Mental
Health
employment
service

Bristol's new mental health services together come under the banner of **Bristol Mental Health**. The services are provided by 18 NHS and voluntary organisations chosen because of their expertise and experience. A full list of the organisations is available on the website.

www.bristolmentalhealth.org

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Help to find or stay in work

How we can help

We're here to help anyone with a mental health problem get into work and maintain their employment.

We work with individuals, their families and carers to understand their situation and tailor our support to meet their needs and aspirations.

We provide:

- One to one advice and support
- Work trials and placements
- Support to find paid work, become self-employed or set up a social enterprise
- Job coaching and in-work support
- Peer support networks.

We also work with employers to raise their awareness of mental wellbeing in the workplace and what they can do to support their employees.

Who we can help

If you've been off work a long time due to your mental health and are keen to get back into employment then we can help you succeed.

If you're experiencing a common mental health problem such as stress, anxiety, or depression, and are worried about the impact this is having on your job then we can support you to stay in work.

If you're an employer we can work with you to improve your workplace wellbeing and to support any employees with mental health problems.

Our services are available to anyone over the age of 18 who lives in the Bristol area and who has a mental health problem.

You can contact us directly or we accept referrals from community mental health teams, GPs, and IAPT services.

"I don't feel like I'm hopeless anymore. Richmond Fellowship builds your self esteem and skills and makes you feel like you're employable again. They've opened so many doors for me and changed my life completely." Client

How to access our services

Our aim is to make our services as flexible, easy to access and convenient as possible across all areas of Bristol.

Our employment advisors are available on week days, weekends and evenings and work out of a number of local locations such as community centres, libraries and GP surgeries.

Our team is fully integrated with Bristol's existing mental health provision and mainstream employment services to make sure we're all working together to provide joined-up and comprehensive support for individuals.