

Expression of Interest

If you would like any further information about **Bristol Mental Health service user & carer involvement** please contact

Tracy Clack, Interim Service User and Carer Director

Call on **0117 354 6200** or email
bristolmentalhealth@nhs.net

www.bristolmentalhealth.org

**Bristol
Mental
Health**
**service user
& carer
involvement**

Please read the role descriptions on our website (www.bristolmentalhealth.org) before completing this form.

Name Telephone

Address Email

Preferred contact method:

Are you a... Service user Carer

If Carer, name of service user

Please summarise your lived experience of mental health services below:

Is this current? Yes No

If yes, for how many years?

If no, when did you cease to be a service user or carer?

What organisation supported/cared for you?

Was this in Bristol? Yes No

Please summarise why you would like to be involved

What skills do you think you would bring to the group? (include any professional training / experience)

Have you experience of providing service user or carer input to groups like this before? Yes No

If yes, please summarise your experience

How many hours during the working day might you be able to commit a week?

What would be your preferred time of day?

Would you prefer to be part of a... Service transition project meeting Reference Group Interview panel
 Providing Training One off meetings Other

Please list, in order of preference, which three of these are you most interested in supporting

Service users and carers will be selected on the basis of the following criteria:

1. Relevant lived experience of using secondary mental health services in Bristol
2. Ability to communicate effectively
3. Ability to assess complex information
4. Ability to commit to the process
5. Understanding of recovery and/or willingness to learn

Please return this form to bristolmentalhealth@nhs.net

Please note we are moving locations, so in August and September 2014 please return via email.

From October 2014 you can return to Tracy Clack, Bristol Mental Health, Colston Fort, Montague Place, Kingsdown, Bristol, BS6 5UB.