

Bringing dementia clearly into focus



**dementia
wellbeing
service**

June saw a commitment to improve the diagnosis and treatment of dementia in the city.

As well as the launch of the new Dementia Wellbeing Service the month saw the *Be dementia aware* campaign from Bristol Clinical Commissioning Group (CCG) bringing this important condition clearly into focus.

The two projects were promoted together and attracted significant media interest, featuring on ITV West, Radio Bristol, the Bristol Post and Metro as well as a number of other outlets. The story received positive coverage and has resulted in increased traffic to the CCG website.

Bristol CCG will conduct a comprehensive evaluation of the campaign over the next few months to assess its impact.

The Bristol Dementia Wellbeing Service website went live on 1 July. Hosting a range of information about the new service and the most comprehensive directory of care and support services around, the site is a positive addition to the Bristol Mental Health family.

You can access the new Dementia Wellbeing Service site at:
www.bristoldementiawellbeing.org

Over the following months we are contacting all GPs and service users to provide information on the new service, as well as creating a range of materials about the service – including a new leaflet – and we will continue to update and improve our website.

If you would like further information on the Be dementia aware campaign or the Dementia Wellbeing Service please visit
www.bristoldementiawellbeing.org

Summer sunshine from St Mungo's Broadway

A couple of feel-good mental health stories for the summer from St Mungo's Broadway, one of Bristol Mental Health's local provider organisations.

St Mungo's Broadway service manager David Ingersley and a team of service users took part in Bristol Pride – with a six foot unicorn known as the 'Munigcorn'! [Visit the St Mungo's Broadway website](#) to find out what this very positive experience meant to them.

In a partnership with scent experts Jo Malone London, St Mungo's Broadway volunteers have undertaken a project to benefit the wellbeing of all who live or work in Bristol. Together they have restored the Castle Park Physic Garden alongside the remains of St Peter's Church in Castle Park, resulting in a peaceful city garden full of scented plants and designed to benefit the health and wellbeing of everyone working in or visiting the garden.

[Read more on the Bristol Magazine website](#) or, better still, take time away from the stresses of the day to experience the calming effect of the garden for yourself!

Improving access to

complex psychological interventions

The Complex Psychological Interventions (CPI) service is run by highly specialist staff trained to deal with serious emotional distress.

The service provides a wide range of therapies to match the needs of individuals, and the team is working hard to make these approaches as widely available as possible.

The CPI team, led by Shane Matthews, has pushed forward in three areas in particular.

Firstly, alongside continuing to offer a broad range of intervention types across different therapy models including therapies, supervision and consultation, the team has introduced a new electronic system for Bristol Mental Health staff to request CPI input.

The CPI service has also set up supervision groups across the Assessment & Recovery service as well as with partners in other Bristol Mental Health services.

Finally, CPI staff have been delivering newly developed training to support other Bristol Mental Health services in areas including psychologically informed environments (PIE), formulation, and managing endings.

Each of these developments is helping make complex psychological therapies available to many more people.

Introducing the family

We'd like to introduce you to our sister publication, Service User and Carer News.

If you use, or have a family member or friend who uses any of the Bristol Mental Health services, this regular newsletter may be of interest to you. It is edited by Tracy Clack, interim service user and carer director, and reports on the monthly service user and carer board alongside a range of other issues relevant to service users and carers.

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Our partners:



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