

The Sanctuary

An out of hours service for people in emotional distress

The Sanctuary is a safe place to come at weekends when you feel that you cannot cope. We also work with family, friends and carers. We will:

- Listen to you
- Offer 1-2-1 support
- Provide a quiet space
- Offer a chance to be with people who have been through similar experiences
- Help you to relax and plan to stay safe
- Provide information about other services

**1 New Street
Bristol BS2 9DX
7pm-2am
Friday-Monday**

To arrange visits

Call: 0117 954 2952

Email: awp.bmh

sanctuary@nhs.net

Text: 07709 295 661

Staff will ring you back after 5pm
on the days we are open

**Bristol
Mental
Health**

**the
sanctuary**

Arranging a visit

The Sanctuary is open Friday to Monday evenings from 7pm to 2am.

Staff will respond to messages, texts and emails from 5pm on the days we are open.

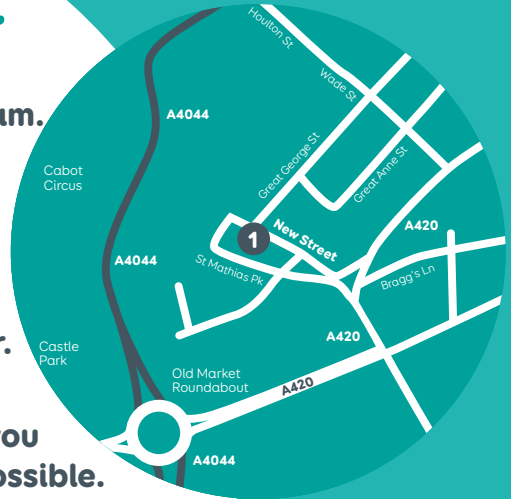
Please ring first and have a chat as we have limited space to offer.

We work with everyone as an individual and will let you know you if you have a space as soon as possible.

We may not be able to let you in if you arrive unannounced, intoxicated or as part of a group.

If you wish to return after your first visit, please speak to staff first.

We provide taxis home and reimburse bus fares to and from the Sanctuary.



About us

The Sanctuary is managed in partnership by two charities which already provide related services in Bristol:

St Mungo's Broadway is a charity and housing association which manages emergency, prevention and recovery services for people who are homeless or at risk of homelessness.

One25 is a charity which reaches out to women trapped in, or vulnerable to, street sex work, supporting them to break free and build new lives away from violence, poverty and addiction.

The Sanctuary is part of **Bristol Mental Health**, an innovative new system created in 2014 following calls from service users, carers and GPs for better mental health services in the city.

**Bristol
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**St Mungo's
Broadway**

Rebuilding lives, day by day