

We're back

Bristol Mental Health news is back and it's bigger and better!

Our newsletter will now be monthly and combine our general newsletter, GP newsletter and service user newsletter in one.

We always welcome feedback - not just about the newsletter - but about any aspect of our service. If you'd like to share any comments with us, please email awp.BMHSsystemLeadership@nhs.net.

In the news this month...

Get involved with BMH

We're looking for service users and carers to support us in a variety of activities.



You could become a member of the service user and carer council, help with staff training or interview job candidates, plus much more in between.

[Find out more here.](#)

Jargon buster

Are you wondering what something means? We've created a handy list below.

AWP: Avon and Wiltshire Mental Health Partnership NHS Trust

BMH: Bristol Mental Health

CASS: community access support service

SUCC: service user and carer council

Dates for your diary

Psychosis on screen

A season of contemporary films about experiences of psychosis. There's still time to catch some of the films!

Various times / 13-27 June

Challenging mental health stigma workshop

A free interactive workshop about mental health stigma and how it impacts on us.

1.45pm-4pm / Tuesday 28 June

Please see the [Bristol Mental Health website](#) for more dates for your diary.

Job of the month!

Role: Team administrator

Find us on Facebook



We've just joined **Facebook** and would love it if you would like our page. Don't forget that we're on **Twitter** too!

Do you want to test a new care plan tool?



The **Joining the Dots** team is inviting service users and staff within **BMH** to try out the new care planning software as part of a pilot.

This is a new digital tool used on a touch screen device to improve the process of health care professionals and service users creating care plans together.

[Read more here.](#)

Rehabilitation service rated 'good' in all areas

Bristol Community Rehabilitation Service was really pleased to be rated good in a recent inspection by the **Care Quality Commission**.

Wellbridge House, the accommodation side of the service, which was inspected last month, was given a positive assessment across the board.

[Read more here.](#)



BMH offers mental health

Details of role: We are looking for a team administrator to deliver a high standard of administrative support to our community rehabilitation service.

[Find out more here.](#)

A little bit of magic

"One thing I have come to learn is that many of us with mental illness are very special people. We are very strong, we can love, we have compassion, we are big thinkers, big dreamers and so much more."

Tim Stracey, who has previously been supported by **BMH**, discusses his mental health recovery and how working as a magician has helped him.

[Read more here.](#)

What do you think?

We're looking at making some changes to our website and would appreciate it if you could spare five minutes to share your thoughts by filling in our **website survey**. The survey is open until 8 July.

Well done to...

Charlotte Olding, a recovery navigator at **BMH's** assessment and recovery team south has been given a certificate of recognition from **AWP**. This was for carrying out valuable research across the organisation as a research link coordinator. Well done!

training to Jobcentre Plus staff

Bristol Mental Health employment service has teamed up with Jobcentre Plus to offer mental health training to the organisation's work coaches.

Throughout June, representatives from the service are attending meetings held for staff based at Jobcentre Plus sites throughout Bristol and in some areas of Yate, Clevedon and Bath.



[Read more here.](#)

CASS manager speaks at national nature event

The Manager of Community Access Support Service (CASS) has spoken at a national event aimed at encouraging black, Asian and minority ethnic (BAME) groups into nature for the benefit of their mental and physical health.



Monira Ahmed Chowdhury spoke to a packed audience at the Race Equality in Nature event at Bristol Zoo this month, appearing alongside speakers such as conservationist Bill Oddie, MP Kerry McCarthy and 'Birdgirl' Mya-Rose Craig.

[Read more here.](#)

Spaces available on Recovery College courses



There's still time to enrol on July courses at Second Step's Recovery College, a service that offers hope and learning to people across Bristol.

There are spaces available on a variety of courses of varying lengths and subjects, such as 'art group', 'ways to wellbeing' and 'intro to confidence building'.

[Read more here.](#)

Service users and carers invited to complete

Faces of BMH



We pose some questions to one (un)lucky staff member from BMH so you can get to know them better.

Name: Michael Hibberd
Job title: Quality and Governance, Bristol Services and PA to Service Manager

What do you enjoy best about your role?

The variety, the challenging nature of the job and how spontaneous you have to be.

[Read more here.](#)

SUCC meetings

The service user and carer council (SUCC) meets monthly. You can find notes from their April and May meetings [here](#)

questionnaire

Service users and carers (SUC) using Bristol Mental Health's community services (crisis, assessment and recovery, complex psychological interventions and early intervention) have been invited to complete a questionnaire.

The psychologically informed environment questionnaire – created by service users and carers – aims to discover people's experience of BMH services.

Complete the questionnaire [here](#).



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Our partners:



STAND AGAINST RACISM & INEQUALITY



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