

November 2016 edition

In the news this month ...

Mental health crisis line update



Work to redevelop BMH's crisis line is continuing, to ensure people in mental health crisis get the support they need faster.

Through a specific project board, BMH and Bristol CCG are working collaboratively with service users and carers, elected officers from BIMHN and staff to identify solutions. Changes will

only be made when we have alternative provisions and plans in place to inform and support service users.

[Find out more](#)

HRH, Duke of Kent visits St Mungo's

Jargon buster

Are you wondering what something means? We've created a handy list below.

AWP: Avon and Wiltshire Mental Health Partnership NHS Trust
Bristol CCG: NHS Bristol Clinical Commissioning Group
BIMHN: Bristol Independent Mental Health Network
BWT: Bristol Wellbeing Therapies Service
HRH: His Royal Highness
HSJ: Health Service Journal
OHS: Otsuka Health Solutions
SLT: System Leadership Team
SUCC: Service User and Carer Council

Well done to...

Aleksandra, an Assistant Psychology Practitioner at BWT. She organised a competition where her team did altruistic things for one another, with the team voting for the most altruistic person at the end. "It was a great idea and really good for morale," says Service Manager Rick.

Job of the month!

Role: Wellbeing Navigator

Details of role: The Southmead Development



HRH, Duke of Kent visited leading homeless charity St Mungo's this month to talk with clients and staff at the renovated New Street Centre in St Judes, where BMH's Sanctuary service is based. His visit marked the reopening of the New Street Centre following renovation and redesign.

Robert Napier CBE, Chair of St Mungo's Board, who hosted the visit, says: "We were very proud to welcome His Royal Highness The Duke of Kent and show him a snapshot of the services St Mungo's offers to the people of Bristol."

[Find out more](#)

Further dates for 'Conversation Cafes'

Further dates for BMH's popular 'Conversation Cafes' pilot have been set, giving service users more opportunities to take part. The cafes have been developed as a space for service users to socialise with one another in a relaxed, friendly environment.



"The first Conversation Cafe was successful and a great opportunity for people to meet socially. We'd like to invite more people to come along!" says Bev Woolmer, Service User Involvement Co-Ordinator at AWP.

[Find out more](#)

Work on Trans Toolkit begins



BMH's work to support trans service users is progressing well - with a Trans Toolkit currently being developed.

A Trans Toolkit Co-Design Workshop was held this month to develop the resource, which will inform staff across BMH about how best to support trans service users and colleagues. The toolkit will be available to staff in 2017, following consultation across the system.

[Find out more](#)

Joining the Dots 'highly commended' at

Trust is looking for an individual who is passionate about people's health and wellbeing to join their social prescribing team.

Closing date: Sunday 4 December

[Find out more here.](#)

Celebrating good health

"There may be future episodes or crises, but right now I'm content celebrating my good health and enjoying exploring what my future could be."

Alice was diagnosed with mental health difficulties over a decade ago. She's experienced periods of crisis and periods of good mental health but is feeling positive about the future.

[Find out more.](#)

Faces of BMH

We pose some questions to one (un)lucky staff member from BMH so you can get to know them better.



Name: Jim Michael
Job title: Analytics Manager

What do you enjoy best about your role?

I enjoy the ever-changing requirements of my role - I get to work with lots of different parts of the service to understand how everything fits together and my work changes according to the needs of BMH.

[Find out more](#)

HSJ Awards



Joining the Dots, a collaborative project between AWP and OHS, has been 'highly commended' at the HSJ Awards.

The project received the award in the 'Innovation in Mental Health' category at the prestigious ceremony, which was held in London this month.

"We're really excited to have been 'highly commended' at the awards. It's great to have recognition for all the hard work that service users, carers and staff have put into this project. It tells us that this work is important and needs to continue," says Will Hall, System Clinical Leader, BMH.

[Find out more](#)

Dates for your diary

Conversation Cafe

People using mental health services across Bristol are invited to come along to a meet up where they can socialise with one another in a relaxed, friendly environment.

12pm-2pm / Friday 2 December / The Arts House

BIMHN Crisis Line Open Forum

BIMHN is holding an open forum about the redevelopment of BMH's crisis line.

6pm / Wednesday 14 December / The Station

Please see the [Bristol Mental Health website](#) for more events.



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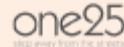
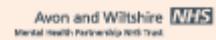


SUCC meetings

SUCC meets monthly and is made up of members who represent all services and service users. They act on feedback and use their personal experience to influence decisions and service design and get problems solved quickly.

You can find notes from their meetings [here](#).

Our partners:



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