

about us

The Community Rehabilitation Service is a partnership led by charity Second Step together with the Avon and Wiltshire NHS Trust and Bristol-based women's mental health charity, Missing Link. The service is part of Bristol Mental Health.

We support people with complex mental health needs to achieve their goals and aspirations, and gain the skills and confidence to live as independently as possible.

The service includes a residential rehabilitation accommodation and a community team. It's led by a clinical psychologist and aims to bring together social, psychological and medical approaches, with intensive support from a range of professionals.

The staff team includes occupational therapists, nurses, a nurse prescriber, psychologists, a psychiatrist, recovery navigators and peer navigators.

for more information about the **community rehabilitation service** call **0117 909 6372** or email **rehabilitation@second-step.co.uk**

bristolmentalhealth.org

Bristol Mental Health community rehabilitation service

SecondStep
Working for recovery and wellbeing

mlh Missing Link
mental health and housing services for women

Avon and Wiltshire **NHS**
Mental Health Partnership NHS Trust

NHS

Bristol Community Rehabilitation Service.

How to refer to this service.

Bristol Mental Health community rehabilitation service

what does the community rehabilitation service offer?

- We offer specialist rehabilitation focussed assessment, treatment and professional help.
- We can provide intensive community or residential support to individuals for up to 12 months. We can also provide shorter term interventions to support service users in working towards specific goals.
- We are able to offer high levels of support to promote recovery and encourage independence.

If you are working with someone who you think would benefit from a more intensive approach to support their recovery goals you can contact us to discuss a referral to our service.

how to make a referral:

Making a referral is a simple and straightforward process. The referral form can be located on Ourspace under Skills > Rehabilitation.

Alternatively you can call our office on **0117 909 6372** or email **rehabilitation@second-step.co.uk** and we will email you a referral form.

We are open to discussing potential referrals over the phone and where requested may be able to meet with practitioners to discuss and think about potential referrals. Our aim is to make the referral process as simple as possible.

Referrals are discussed at our weekly team meeting and assessments will usually take place within 7-10 days of their allocation.

people eligible for the service will:

- be aged 16 or older
- have complex mental health needs
- have problems with social and personal functioning
- need significant support with their daily living skills, requiring an intensity of support that cannot be provided by the recovery teams
- have an awareness of their rehabilitation needs and will show some commitment to engage with the Community Rehabilitation Service to address these
- be aware of and agree with the referral
- be able to manage their own medication. (Within the residential setting with prompting and supervision)
- be registered with a Bristol CCG GP or be eligible to register, or returning to Bristol from an out of area placement, criminal justice system or specialised care.