



Are you part of a community group?
Interested in health & wellbeing?
We want to hear from you!

info@cassbristol.org

0117 304 1400

www.cassbristol.org

The Community Access Support Service (CASS) works with community, equality and faith groups to improve access to mental health support in Bristol.

We can give your group advice and information on:

- Current mental health services in local areas
- How to signpost group members to the right support
- Starting conversations about mental health and emotional wellbeing
- Challenging mental health stigma
- Feeding back to mental health service providers on how services can be improved

A background image showing a group of people sitting around a table, engaged in a discussion or activity. The image is partially obscured by three semi-transparent purple boxes containing contact information for different areas of Bristol.

Inner & East Bristol
07400 128052

North Bristol
07400 118625

South Bristol
07400 122759

Managed by the
Healthy Living Consortium:

With support from:

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STAND AGAINST
RACISM & INEQUALITY



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